

CORNELIUS PARC DEPARTMENT  
DAVIDSON PARKS AND RECREATION DEPARTMENT

2018-19 YOUTH WINTER BASKETBALL LEAGUE

INSTRUCTIONAL LEAGUE (5-6) RULES AND REGULATIONS

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MISSION STATEMENT

To provide organized basketball instruction for boys and girls ages 5-6 by teaching the basic fundamentals, and by incorporating the values of teamwork and sportsmanship into a fun-filled and enjoyable experience.

1. Each Instructional League team will carry up to ten (10) participants.
2. Teams will be selected at random.
3. Schedule "games" will be one (1) hour in length and will consist of 30 minutes of organized practice time immediately followed by 30 minutes of game like play. On most occasions, games will be played in a 3-on-3 or 4-on-4 format, full court or half court.
4. Each team will occupy one half of the court during the first 30 minutes of practice.
5. Team coaches will work with their teams throughout the 30 minutes of practice time.
6. This practice time will be monitored by a staff member who will also assist with practice / training.
7. The 30 minutes of game like play will be organized and "officialled" by Parks and Recreation Department staff.

8. GAME RULES

- a. Players will HAVE FUN!
  - b. Game "official" will have control of game
  - c. "Official" may stop the game at any time to teach, instruct, or train participants
  - d. No jump balls; game will be started by an in-bounds pass
  - e. Game time will be kept by official
  - f. All participants will rotate and play equal amounts of time
  - g. Score will not be kept
  - h. There will not be periods or halves
  - i. The intermediate-sized ball will be used for this league
  - j. Personal fouls will be called and play stopped
  - k. Personal fouls will not be recorded
9. Unsportsmanlike conduct from coaches or spectators will not be allowed. This is an instructional league designed for the children to learn and have fun.